# 2018 Recommended Immunizations for Adults: By Age

## Information for Adult Patients

**Talk to your health care professional about these vaccines**

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Flu</th>
<th>Tdap or Td</th>
<th>Shingles</th>
<th>Pneumococcal</th>
<th>Meningococcal</th>
<th>MMR</th>
<th>HPV</th>
<th>Chickenpox</th>
<th>Hepatitis A</th>
<th>Hepatitis B</th>
<th>Hib</th>
</tr>
</thead>
<tbody>
<tr>
<td>19-21 y</td>
<td>Influenza</td>
<td>Tdap or Td</td>
<td>RZV</td>
<td>PCV13</td>
<td>MenACWY</td>
<td>Measles, mumps, rubella</td>
<td>Human papillomavirus</td>
<td>Varicella</td>
<td>for women</td>
<td>for men</td>
<td></td>
</tr>
<tr>
<td>22-26 y</td>
<td></td>
<td></td>
<td>ZVL</td>
<td>PPSV23</td>
<td>MenB</td>
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<tr>
<td>27-49 y</td>
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<tr>
<td>50-64 y</td>
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<tr>
<td>65+ y</td>
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</tbody>
</table>

### More Information:

- **If you are this age,** talk to your health care professional about these vaccines.

- **You should** get flu vaccine every year.
- **You should** get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap during every pregnancy.
- **There are 2 types of zoster vaccine.** You should get 2 doses of RZV at age 50 years or older (preferred) or 1 dose of ZVL at age 60 years or older, even if you had shingles before.
- **There are 2 types of pneumococcal vaccine.** You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.
- **There are 2 types of meningococcal vaccine.** You may need one or both types depending on your health condition.
- **You should get this vaccine if you did not get it when you were a child.**

### Recommended For You:
- This vaccine is recommended for you unless your health care professional tells you that you do not need it or should not get it.

### May Be Recommended For You:
- This vaccine is recommended for you if you have certain risk factors due to your health condition. Talk to your health care professional about which vaccines you may need at least 6 weeks before you travel.

### For more information, call 1-800-CDC-INFO (1-800-232-4636) or visit www.cdc.gov/vaccines
health care professional to see if you need this vaccine.
## 2018 Recommended Immunizations for Adults: By Health Condition

### If you have this health condition,

**Pregnancy**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**HIV:**

- **CD4 count less than 200**
  - **Flu:** Influenza
  - **Td:** Tetanus, diphtheria,
    - Pertussis
  - **RZV**
  - **PCV13**
  - **PPSV23**
  - **MenACWY**
  - **MenB**
  - **Rubella**
  - **Varicella**

- **HIV:**
  - **CD4 count 200 or greater**
  - **Flu:** Influenza
  - **Td:** Tetanus, diphtheria,
    - Pertussis
  - **RZV**
  - **PCV13**
  - **PPSV23**
  - **MenACWY**
  - **MenB**
  - **Rubella**
  - **Varicella**

**Kidney disease or poor kidney function**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Spleen removed or does not work well**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Heart disease**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Chronic lung disease**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Chronic alcoholism**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Diabetes (Type 1 or Type 2)**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

**Chronic Liver Disease**

- **Flu:** Influenza
- **Td:** Tetanus, diphtheria,
  - Pertussis
- **RZV**
- **PCV13**
- **PPSV23**
- **MenACWY**
- **MenB**
- **Rubella**
- **Varicella**

### More Information:

- **Flu:** You should get flu vaccine every year.
- **Td:** You should get 1 dose of Tdap if you did not get it as a child or adult. You should also get a Td booster every 10 years. Women should get 1 dose of Tdap vaccine during every pregnancy.
- **RZV:** There are 2 types of zoster vaccine. You should get 2 doses of RZV at age 50 years or older (preferred) or 1 dose of ZVL at age 60 years or older, even if you had shingles before.
- **PCV13:** There are 2 types of pneumococcal vaccine. You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.
- **PPSV23:** There are 2 types of meningococcal vaccine. You may need one or both types depending on your health condition.
- **MenACWY:** You should get this vaccine if you did not get it when you were a child.
- **MenB:** You should get HPV vaccine if you are a woman through age 26 years or a man through age 21 years and did not already complete the series.
- **Rubella:** You should get Rubella vaccine if you do not have a spleen, have sickle cell disease, or received a bone marrow transplant.

### For more information, call 1-800-CDC-INFO (1-800-232-4636) or visit [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines)
Recommended For You: This vaccine is recommended for you unless your health care professional tells you that you do not need it or should not get it.

May Be Recommended For You: This vaccine is recommended for you if you have certain other risk factors due to your health condition. Talk to your health care professional to see if you need this vaccine.

YOU SHOULD NOT GET THIS VACCINE