OVERVIEW: Acute Treatment Services (ATS) for Substance Use Disorders consist of 24-hour, seven-days-per-week, medically monitored inpatient detoxification treatment that provides evaluation and withdrawal management. Detoxification services are administered by nursing and counseling staff, under the supervision of a licensed physician, to monitor an individual’s withdrawal from alcohol and other substances and to alleviate symptoms. Services include: bio-psychosocial evaluation; individual and group counseling; psycho-educational groups; and discharge planning.

DECISION GUIDELINES:
Clinical Eligibility:
Acute Treatment Services are provided to Members experiencing, or at significant risk of developing, an uncomplicated, acute withdrawal syndrome because of an alcohol and/or other substance use disorder.

Determination of Medical Necessity:
Members receiving ATS do not require the medical and clinical intensity of a hospital-based, medically managed detoxification service, nor can such members be effectively treated in a less intensive outpatient level of care.

LIMITATIONS/EXCLUSIONS:
Members with co-occurring disorders receive specialized services within Enhanced Acute Treatment Services (E-ATS) for Individuals with Co-occurring Mental Health and Substance Use Disorders to ensure treatment for their co-occurring psychiatric conditions, and members who are pregnant receive specialized services within Acute Treatment Services for Pregnant Women to ensure substance use disorder treatment and obstetrical care. These services are provided in licensed freestanding or hospital-based programs.

KEY CARE PLANNING CONSIDERATIONS:
N/A

PRIOR AUTHORIZATION REQUIREMENTS AND PROCESS:
No prior authorization is required. Facilities are to notify CCA of admission within 48 hours.
Medical Necessity Guideline

RELATED REFERENCES:
See Massachusetts Chapter 258 guidelines
ASAM Criteria, Level 3.7 https://www.asamcontinuum.org/knowledgebase/what-are-the-asam-levels-of-care/

ATTACHMENTS:
EXHIBIT A:
EXHIBIT B:

REVISION LOG:

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<tr>
<td>5/5/2020</td>
<td>KH staff revised document incorporating Sarah Parsons comments</td>
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APPROVALS:

Peggy L. Johnson, MD  
CCA Senior Clinical Lead [Print]  
Vice President and Chief of Psychiatry  
Title [Print]  
Signature  
9/12/2019  
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Senior Vice President, Medical Services  
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Medical Necessity Guideline

CCA CMO or Designee [Print]  

Title [Print]

Signature

Date

9/12/2019