OVERVIEW:
Clinical Support Services (CSS) for Substance Use Disorders (SUDs) provide 24-hour treatment, typically, in response to the administration of Acute Treatment Services (ATS) for SUDs. Services include: intensive education and counseling regarding the nature of addiction and its consequences; outreach to families and significant others; and aftercare planning for individuals beginning to engage in recovery from addiction.

DECISION GUIDELINES:
Clinical Eligibility:
CSS level of care is appropriate for members diagnosed with a substance use disorder and who have completed an ATS admission or other admission where a detoxification protocol was utilized.

Determination of Medical Necessity:
CSS level of care provides 24-hour care with trained counselors to stabilize multidimensional imminent danger and prepare for outpatient treatment. Patients classified in this level of care can tolerate and use full, active milieu or therapeutic communities.

LIMITATIONS/EXCLUSIONS:
N/A

KEY CARE PLANNING CONSIDERATIONS:
These programs provide multidisciplinary treatment interventions and emphasize individual, group, family, occupational, and other forms of therapy. Linkage to aftercare, relapse components, and self-help groups, such as AA and NA, are integrated into treatment and discharge planning. Unless contraindicated, the family, guardian, and/or natural supports are actively involved in the treatment as required by the treatment plan, or there are active efforts being made, and documented, to involve them.

PRIOR AUTHORIZATION REQUIREMENTS AND PROCESS:
No prior authorization is required. Facilities are to notify CCA of admission within 48 hours.
Medical Necessity Guideline

RELATED REFERENCES:

See Massachusetts Chapter 258 guidelines.


ATTACHMENTS:

EXHIBIT A:

EXHIBIT B:

REVISION LOG:

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<td>9/12/2019</td>
<td>Reviewed and approved by Medical Policy Committee.</td>
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<tr>
<td>5/5/2020</td>
<td>Updated document incorporating Sarah Parsons comments</td>
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APPROVALS:

Peggy L. Johnson, MD  
CCA Senior Clinical Lead [Print]  
Vice President and Chief of Psychiatry  
Title [Print]  
Signature  
9/12/2019  
Date

CCA Senior Operational Lead [Print]  
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