



2025 Grocery and Over-the-Counter (OTC) Covered Categories

Baby Care	2	Household Products	10
Batteries	2	Incontinence	11
Cold & Allergy	2	Nicotine Replacement Therapy	11
Compression Support	3	Oral Care	11
Diabetes Management	3	Pain Relief	12
Digestive Health	4	Patient Skin Care	12
Eye & Ear Care	4	Physical Fitness & Exercise Equipment	12
Family Planning	5	Skin Care	13
Feminine Care	5	Sleep	13
First Aid	6	Sun Care	13
Food & Beverages	7	Vitamins & Dietary Supplements	14
Foot Care	8	Weight Management & Nutritional Foods	14
Hair Care	8		
Health Supports	8		
Home Diagnostics & Patient Aids for Daily Living	9		
Home Health Care	10		

BABY CARE

Baby Grooming

Cotton Swabs

Baby Health, Beauty & Wellness

Baby Medicines

Baby Oil, Lotions & Creams

Baby Therapeutic Skin Care (Not Diaper Rash)

Electrolytes

Petroleum Jelly & Barrier Creams

Disposable Diapers & Wipes

Wipes & Flushables

BATTERIES

Hearing Aid Batteries

COLD & ALLERGY

Allergy

Allergy Liquids

Allergy Nasal Sprays, Drops & Inhalers

Allergy Tabs & Caps

Hypo-Allergenic Bedding

Children's Cold & Allergy

Children's Allergy

Children's Cough, Cold, Flu & Sinus

Children's Nasal

Children's Throat & Cough Relief

Cough Drops, Sore Throat Relief

Sore Throat Pain Relief

Throat & Cough Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers

Cough, Cold, Flu & Sinus Liquids

Cough, Cold, Flu & Sinus Tabs & Caps

Lip Care

Medicated Lip Treatments

Nasal

Decongestant Nasal Sprays, Drops & Inhalers

Nasal Moisturizers & Washes

Nasal Strips, Dilators & Snore Relief

Respiratory Treatments

Asthma Preparations

Vapor Products (Incl. Waterless Vaporizers)

Vaporizers, Humidifiers & Accessories

COMPRESSION SUPPORT

Low Compression (8-15mmHg)

Low Compression-Men's & Unisex Knee High (8-15 mmHg)

Low Compression-Men's & Unisex Thigh High (8-15 mmHg)

Low Compression-Waist High & Pantyhose (8-15 mmHg)

Low Compression-Women's Knee High (8-15 mmHg) Low Compression-Women's Thigh High (8-15 mmHg)

Mod-High Compression (Over 8-15mmHg)

Moderate to High Compression-Men's & Unisex Knee High

Moderate to High Compression-Men's & Unisex Thigh High

Moderate to High Compression-Sleeves, Garments & Lymphedema Treatments

Moderate to High Compression-Waist High & Pantyhose

Moderate to High Compression-Women's Knee High

Moderate to High Compression-Women's Thigh High

DIABETES MANAGMENT

Diabetes Health & Wellness

Diabetes Cough, Cold & Allergy

Diabetes Hosiery

Diabetes Neuropathy & Skin Care

Diabetes Supplements

Diabetes Management Accessories

Alcohol Swabs & Wipes

Sharps Containers & Supplies

Diabetes Nutritionals

Diabetes Candy

Diabetes Nutritional Bars

Diabetes Nutritional Liquids

Glucose Tablets, Gels, Etc.

Urine Testing

Urine Test Strips

Urine Test Tabs

DIGESTIVE HEALTH

Anti-Diarrheals

Anti-Diarrheal Liquids

Anti-Diarrheal Tabs & Caps

Diarrhea-Related Oral Rehydration Therapy

Anti-Gas

Anti-Gas Chews

Anti-Gas Soft Gels

Anti-Gas Tablets

Anti-Gas Liquids

Children's Digestive Health

Children's Anti-Diarrheals Children's Anti-Gas

Children's Prebiotics & Probiotics

Children's Stomach Remedies

Children's Stool Softeners, Fiber Laxatives,
Enemas, Laxative Suppositories

Digestive Aids

Digestive Enzymes

Digestive Health Prebiotics & Probiotics

Lactose Intolerance

Hemorrhoid Preparations

Hemorrhoid Treatments

Hemorrhoid Wipes & Washes

Laxatives

Enemas, Laxative Suppositories, Kits, Etc.

Fiber Products

Laxative Liquids & Combination Stool
Softener Products

Non-liquid Laxatives (Non-Fiber) &
Combination Stool Softener Products

Stool Softeners

Stomach & Nausea Remedies

Acid Controllers

Antacid Liquids

Antacid Tabs & Caps

Multi-Symptom Products

Nausea & Motion Sickness

EYE & EAR CARE

Contact Lens Care

Gas Permeable & Hard Lens Care

Soft Lens Cleaners

Soft Lens Multi-Purpose Solutions

Soft Lens Rewetting Drops

Soft Lens Saline Solutions

Ear Care

Ear Drops & Syringes

Hearing Aids, Personal Amplification Devices
& Accessories

Lipoflavonoids

Eye Preparations

Dry Eye Relief

Eye Relief Products

Eye Wash

Reading Glasses & Magnifying Glasses

Magnifying Glasses

Reading Glasses

Sunglasses & Blue Light Blockers

Blue Light Blocking Eyewear & Device Filters

FAMILY PLANNING

Condoms & Barrier Contraceptives

Male Condoms

FEMININE CARE

Feminine Antifungals and Personal Care

Deodorants & Powders

Douches

Feminine Anti-Itch

Feminine Moisturizers

Wipes & External Washes

Feminine Protection

Feminine Pads

Menstrual Cups

Pantliners

Reusable Feminine Protection

Tampons

FIRST AID

Antiparasitic Treatments

Lice Treatments & Accessories

Pinworm & Ringworm Treatments

Children's First Aid

Children's First Aid Dressings

Children's First Aid Treatments

First Aid Kits & Supplies

Cotton Balls

Finger Cots & Splints

First Aid Kits

First Aid Tapes & Adhesive Wraps Masks (Respiratory, Barrier, Etc.)

Narcan (OTC Emergency Treatment of Opioid Overdose)

Protective Gloves

Itch Treatments

Botanical Exposure Treatments

Chronic Itch Treatments

General Itch Treatments

Jock Itch Treatments

Wound & Surgical Dressings

Adhesive & Liquid Bandages

Alginate & Collagen Dressings

Foam Dressings

Gauze, Non-Stick & Absorbent Dressings

Hydrocolloid & Hydrogel Dressings

Transparent Dressings

Wound Treatments & Skin Relief

Epsom Salt Soak

Scar Treatments

Skin Protectants (Incl. Petroleum Jelly)

Topical Antibiotics & Antimicrobials

Wound, Burn & Skin Treatments (Incl. Epsom Salt)

Wound Washes & Cleansers

Hydrogen Peroxide

Povidone Iodine

Rubbing Alcohol

Saline Solutions & Sprays

FOOD & BEVERAGES

Beverages

Bottled Waters

Cocoa & Hot Chocolate

Coffee & Tea (Dry or Liquid)

Dry & Liquid/Concentrated Drink Mixes

Enhanced Waters

Juice Beverages, Drinks & Punches
(Incl. Sparkling)

Juices (Incl. Sparkling)

Sparkling Water

Sport Drinks - Gatorade & Others

Frozen Food

Fruits & Vegetables Juices

Meats

Plant-Based Meat

Prepared Food (Stews, Pizza, Heat & Eat)

Seafood

Non-Perishable Food

Breakfast Foods (Toaster Pastries, Cereal
Bars, Granola & Granola Bars)

Canned Meat

Canned Seafood

Canned/Jar Fruits & Vegetables
(Incl. Salsa & Non-Processed Beans)

Cereal (Hot & Cold)

Dried Fruit, Fruit Snacks

Dry Beans

Dry Pasta

Herbs, Spices & Seasoning

Oils & Shortening

Pancakes & Waffles

Peanut Butter (& Other Nut Butters)

Prepared Food (Canned Stews, Heat & Eat)

Rice & Whole Grains

Soup

Tomato/Spaghetti/Alfredo/Nutritionally
Significant Sauce

Perishable Food

Dairy - (Milk, Cheese, Butter, Sour Cream &
Whipping Cream)

Margarine

Meats - Poultry, Ground Beef, Beef

Meats - Processed (Sausage, Jerky, Lunch
Meat)

Plant-Based Cheese

Plant-Based Meat

Produce (Fruits & Vegetables)

Seafood

Soy & Other Nut Milks

Whole Eggs & Egg Substitutes

Yogurt

Snacks & Desserts

Nuts & Trail Mix

Seeds

FOOT CARE

Antifungal Treatments

Antifungal Creams & Liquids

Antifungal Powders

Antifungal Sprays

Nail Fungus & Repair Treatments

Foot Cushioning & Treatments

Ball of Foot Cushioning

Corn & Callus Removers

Corn, Callus & Bunion Pads

General Foot Cushioning & Protection

Toe Cushioning & Protection

Foot Grooming & Pain Relief

Foot Moisturizers, Exfoliators & Cleansers

Foot Pain Relief

Odor & Wetness Treatment

Odor & Wetness Powders

Odor & Wetness Sprays

Shoe Insoles & Inserts

Ball of Foot Inserts

Heel & Arch

Heel Cups, Arch Supports & Orthotics

Insoles

Plantar Fasciitis Products

Wart Removers

HAIR CARE

Shampoos

Conditioners

Scalp Treatment

HEALTH SUPPORTS

Abdominal Supports & Rib Belts

Abdominal Supports

Rib Belts

Braces & Supports

Ankle & Foot Elbow & Arm Hand & Wrist

Joint Warmers & Arthritis

Knee

Thigh, Calf & Shin

Elastic Bandages & Athletic Treatments

Elastic Bandages

Kinesiology Tapes, Supports & Supplies

Protective Guards

Hot/Cold Therapy

Electric Heating Pads

Hot/Cold Therapy

Orthopedic & Surgical Support

Arm Slings & Cervical Collars

Hernia Supports & Suspensories

Sacro & Back Braces

Shoulder & Clavicle Braces

HOME DIAGNOSTICS & PATIENT AIDS FOR DAILY LIVING

Home Diagnostics

Blood Pressure Kits & Accessories

Cholesterol Meters & Testing Kits

Drug & Alcohol Tests

Home Tests for Colon Cancer

Home Tests for COVID (Coronavirus)

Pulse Oximeters & Heart Rate Monitors

Stethoscopes & Accessories

Thermometers, Fever Strips & Accessories

Patient Aids For Daily Living

Bathing & Oral Hygiene Aids

Eating & Drinking Aids

Grooming & Dressing Aids

Medical Alert IDs & Devices

Medication Compliance & Safety Aids

Mobility Safety: Stair Rails, Stair Treads,
Temporary Mobility Ramps

Night Lights

Non-Slip Socks & Slippers

Reachers, Grippers & Lifts

Reading, Writing & Telephone Aids

HOME HEALTH CARE

Bathroom Safety

Bathtub & Toilet Rails & Frames

Bathtub Safety & Accessories

Elevated Toilet Seats & Accessories

Grab Bars & Handles

Hand Held Showers

Sitz Baths & Bidets

Medical/Surgical Supplies

Hand Cleaners & Sanitizers

Patient Room Supplies

Commodes & Commode Parts

Urinals & Bedpans

Pressure Relief, Positioning & Support

Backrests, Seating & Posture Aids

Wedges & Pillows

Respiratory Therapy

Air Purifiers & Filters

Peak Flow Meters & Accessories

Respiratory Sanitizing

Spec Orthopedic Braces/Support/Splints

Specialized Ankle &
Foot Braces/Supports/Splints

Specialized Elbow & Arm
Braces/Supports/Splints

Specialized Knee Hinged
Braces/Supports/Splints

Specialized Knee Immobilizer
Braces/Supports/Splints

Specialized Shoulder & Clavicle
Braces/ Supports/Splints

Specialized Thigh & Calf
Braces/Supports/Splints Specialized Wrist
& Hand Braces/Supports/Splints

Walking Aids

Canes

Canes for the Visually Impaired

Quad Canes

Walkers & Rollators

Walking Aid Accessories

Wheelchair Accessories

Wheelchair Cushions/Seats

HOUSEHOLD PRODUCTS

Insect Repellents

Plastic, Foil & Paper Products

Facial Tissue

Bath Tissue

Bath Tissue Wipes

Paper Towels

INCONTINENCE

Disposable Incontinence

Disposable Briefs & Undergarments

Disposable Pads, Shields, Guards & Drip Collectors

Disposable Underpads

Disposable Underwear

Incontinence Personal Care

Deodorizers

Over-Active Bladder Medications

Perineal - Antifungals

Perineal - Cleansers & Washes

Perineal - Moisturizers, Barriers & Protectants

Perineal - Wipes & Towelettes

Reusable Incontinence

Reusable Garments

Reusable Underpads

NICOTINE REPLACEMENT THERAPY

Nicotine Gum & Lozenges

Nicotine Patches

ORAL CARE

Denture Care

Denture Adhesives

Denture Cleaners & Accessories
Denture Repair & Pain Relief

Interdental, Floss & Gum Care

Dental Gum
Floss & Flossers
Gum Care
Interdental

Mouthwash & Breath Care

Breath Fresheners

Mouthwash

Therapeutic Breath Treatments

Oral Remedies

Dry Mouth

Night & Grind Guards

Oral Pain Relief & Mouth Sores

Temporary Dental Repair

Toothbrushes

Battery Toothbrushes & Refills

Manual Toothbrushes

Rechargeable Toothbrushes & Refills

Toothpaste & Treatments

Regular Toothpaste & Tooth Powder

Sensitive Toothpaste & Treatments

Whitening Toothpaste

PAIN RELIEF

Children's Pain & Fever Relief

Children's Acetaminophen

Children's Ibuprofen

External Pain Relief

External Muscle/Joint Pain Relief Creams, Ointments & Gels

External Muscle/Joint Pain Relief Lotions, Liquids, Roll-Ons & Sprays

External Muscle/Joint Pain Relief Patches & Pads

Units & Replacement Pads

Internal Pain Relief

Adult Acetaminophen

Adult Aspirin & Combinations

Adult Ibuprofen & Other Anti-Inflammatories

Adult Nighttime Pain Relief

Adult Specialty Pain Relief

Feminine Pain Relief

Sleep Aids & Stimulants

Stimulants

PATIENT SKIN CARE

Patient Cleansing & Bathing

Cleansers & Washes

Wipes & Towelettes

Patient Skin Support

Antifungals

Moisturizers, Barriers & Protectants

PHYSICAL FITNESS & EXERCISE EQUIPMENT

Exercise Equipment

Stationary Bikes

Steppers & Ellipticals

Treadmills

Physical Fitness

Balls/Stability Devices (Balls, Boards, Etc.)

Cardio (Aerobic Steps, Jump Ropes)

Foam Rollers/Massage Devices

Multi-Function Fitness Trackers

Pedometers

Scales (Incl. Body Fat Analyzers)

Strength/Range of Motion (Bands, Hand Exercisers, Etc.)

Weights

Yoga Mats

SKIN CARE

Cosmetic Puffs & Pads

Facial & Body Acne Medications

Acne Astringents & Toners

Acne Creams, Gels, Lotions & Patches

Acne Soaps & Cleansers

Facial Moisturizers & Treatments

Eye Treatments

Facial Moisturizers

Therapeutic Facial Treatments

Hand & Body Cleansing

Body Cleansing Liquids (Body Washes & Gels)

Hand & Body Cleansing Bars (Soap)

Hand & Body Cleansing Wipes

Hand Cleansing Liquids

Instant Hand Sanitizers

Hand & Body Moisturizers & Treatments

Beauty Hand & Body Moisturizers

Hand & Body Moisturizing Sets

Therapeutic Hand & Body Moisturizers

Therapeutic Hand & Body Treatments

Therapeutic & Specialty Soaps

SLEEP

Children's Sleeping & Calming Aids

Sleep Aids

Sleep Aids & Sedatives

White Noise Machines

Specialty Supplements

Sleep, Stress & Anxiety

SUN CARE

After Sun & Sun Accessories

After Sun Lotions

Aloe Vera Gel

Sun Protection

Body Sun Protection

Face Sun Protection

Sport Sun Protection

Sun Care Lip Protection

VITAMINS & DIETARY SUPPLEMENTS

Supplements

Children's Herbals

Children's Vitamins & Minerals

Mineral Supplements

Herbals & Botanicals

Herbal Medicines

Traditional Herbals

Multivitamins

Eye Health Vitamins

Multivitamins

Prenatal & Postnatal Vitamins

Letter Vitamins

Specialty Supplements

Brain, Memory & Focus Health

Collagen

CoQ10 Only (UBIQUINOL)

General Health Prebiotics & Probiotics

Heart & Vascular Health

Joint Health (Incl. Glucosamine,
Not Turmeric)

Joint Health With Turmeric

Menopause Support (Soy)

Specialty Supplements

WEIGHT MANAGEMENT & NUTRITIONAL FOODS

Diuretics & Weight Loss Cleansing & Detox

Diuretics

Weight Loss Cleansing & Detox

Nutritional Foods

Nutritional Bars

Nutritional Liquids

Nutritional Powders

Thickeners & Pre-Thickened Beverages/Foods

Sport/Energy

General Health Oral Rehydration Therapy

Sport/Energy Bars

Sport/Energy Liquids

Sport/Energy Powders

Sport/Energy Tabs & Caps

Sugar & Salt Substitutes

Weight Management

Food Scales

Nutritional Bars

Weight Management Bars

Weight Management Foods, Liquids
& Powders

Weight Management Tabs & Caps

