

| PROVIDER REIMBURSEMENT GUIDANCE | | | | |
|---|----------------|------------------------|-------------------------------------|--|
| Behavioral Health Outpatient | | | | |
| Original Date Approved | Effective Date | | Revision Date | |
| 10/11/2021 | 06/11/2022 | | 05/19/2023 | |
| Scope: Commonwealth Care Alliance (CCA) Product Lines | | | | |
| ⊠ Medicare Premier – (PPO) MA* | | Medicare Preferred - | ⊠ Medicare Preferred – (PPO) RI | |
| ☑ Medicare Preferred – (PPO) MA | | 🛛 Medicare Value - (Pf | ⊠ Medicare Value - (PPO) RI | |
| 🛛 Medicare Value - (PPO) MA | | 🛛 Medicare Maximum - | ⊠ Medicare Maximum – (HMO D-SNP) RI | |

PAYMENT POLICY SUMMARY:

Commonwealth Care Alliance[®] (CCA) covers services in accordance with behavioral health/mental health parity laws for medically necessary behavioral health and substance use disorder services performed in an outpatient setting.

AUTHORIZATION REQUIREMENTS:

Applicable CCA notification and authorization policies and procedures apply. For more information on prior authorizations, please refer to the Prior Authorization Requirements in the plan specific Provider Manual.

REIMBURSEMENT GUIDELINES:

Concordant with CMS Regulation, CCA's reimbursement for claims billed appropriately and within the providers scope of practice within their respective state are based upon the modifiers within the billing and coding guidelines section of this policy.

All non-contracted providers and vendors require Prior Authorization for all services. Please refer to the Out of Network Payment Policy.

| Modifier | Description |
|----------|--|
| AH | Clinical Psychologist (PhD, PsyD, EdD) |
| AJ | Clinical Social Worker (LICSW, LCSW) |
| SA | Nurse Practitioner (render services while working in collaboration with a physician) |
| TD | Registered Nurse (PCNS, APRN, RNCS) |

Per CMS regulations, clinicians not participating in the Medicare program may not provide behavioral health and/or substance use disorder /services to Medicare beneficiaries. This includes services being provided by clinicians who work for community behavioral health centers, such as licensed mental health counselors (LMHC) and licensed marriage and family therapists (LMFTs).

REIMBURSEMENT GUIDELINES (cont.):

Psychopharmacology Visits

Psychopharmacology visits are covered as medical services after the initial medical evaluation. They are subject to a copayment if applicable. These services can be billed using the appropriate evaluation and management codes (99202-99205, 99211-99215, 90833, 90836, 90838, 96372, 99412, 99417, G0463, G0469, G0470, G2212)



Psychological/Neuropsychological Testing

Psychological and neuropsychological testing is covered as a medical service and is considered part of a member's BH benefit.

Opioid Dependence Medications

CCA covers medically necessary services for the treatment of an opiate addiction when rendered in an outpatient office setting by an appropriately licensed and qualified behavioral health and/or substance use disorder provider. Opioid dependence medications are covered in accordance with the member's prescription drug benefit.

Please refer to Opioid Replacement Therapy and Medication Assisted Treatment Policy.

BILLING and CODING GUIDELINES:

Unless otherwise stated, CCA follows AMA coding guidelines. Refer to current industry standard coding guidelines for a complete list of ICD, CPT/HCPCS, revenue codes, modifiers, and their usage. For Telehealth coding guidelines provider review Telehealth payment policy.

For Medicare Advantage members please follow CMS modifier rules.

If a requested service or item is not listed below, please call Provider Services at 866-420-9332 for clarification. CCA recognizes the following CPT Codes for Billing of outpatient BH and Substance Use Services, not all codes are allowed by all lines of business. Please use the below table as a guide:

| CPT Codes | Description |
|-----------|--|
| 90791 | Psychiatric diagnostic evaluation (no medical services) |
| 90792 | Psychiatric E/M diagnostic evaluation |
| +90785 | Interactive complexity (List separately in addition to the primary psychiatric service <i>90791-90792</i> , <i>90832-90834</i> , <i>90836-90838</i> , <i>90853</i>) |
| 90832 | Psychotherapy, 30mins with member or family member |
| +90833 | Psychotherapy, 30mins with member or family member when performed with E&M Service (List separately in addition to the code for primary procedure) |
| 90834 | Psychotherapy, 45mins with member or family member |
| +90836 | Psychotherapy, 45mins with member or family member when performed with E&M Service (List separately in addition to the code for primary procedure) |
| 90837 | Psychotherapy, 60mins with member or family member |
| +90838 | Psychotherapy, 60mins with member or family member when performed with E&M Service (List separately in addition to the code for primary procedure) |
| 90839 | Psychotherapy for crisis, first hour |
| +90840 | Psychotherapy for crisis, each additional 30mins (List separately in addition to the code for primary procedure) |
| 90846 | Family psychotherapy (without the patient present) |
| 90847 | Family psychotherapy (conjoint psychotherapy) (with patient present) |

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| 90853 | Group psychotherapy (other than of a multiple-family group) |
|--------|---|
| 90887 | Interpretation or explanation of results of psychiatric, other medical examinations and procedures, or other accumulated data to family or other responsible persons, or advising them how to assist patient |
| 97810 | Acupuncture for withdrawal management, Acupuncture, 1 or more needles; without electrical stimulation, initial 15mins of personal one-on-one contact with the patient |
| +97811 | Acupuncture for withdrawal management, 1 or more needles; without electrical stimulation, each additional 15mins of personal one-on-one contact with the patient, with re-insertion of needle(s) (List separately in addition to code for primary procedure) |
| 99060 | Diagnostic Evaluation in the Emergency Room |
| 96116 | Neurobehavioral status exam (clinical assessment of thinking, reasoning, and judgement, e.g., acquired knowledge, attention, language, memory, planning, and problem solving, and visual spatial abilities), by physician or other qualified health care professional, both face-to-face time with the patient and time interpreting test results and preparing the report; first hour. |
| +96121 | Each additional hour. (List separately in addition to code for primary procedure.) (Add-on code to 96116.) |
| 96130 | Psychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour |
| +96131 | Each additional hour. (List separately in addition to code for primary procedure.) (Add-on code to 96130.) |
| 96132 | Neuropsychological testing evaluation services by physician or other qualified health care professional, including integration of patient data, interpretation of standardized test results and clinical data, clinical decision making, treatment planning and report and interactive feedback to the patient, family member(s) or caregiver(s), when performed; first hour |
| +96133 | Each additional hour. (List separately in addition to code for primary procedures.) (Add-on code to 96132.) |
| 96136 | Psychological or neuropsychological test administration and scoring by physician or other qualified health care professional, two or more tests, any method, first 30mins |
| +96137 | Each additional 30mins. (List separately in addition to code for primary procedure.) (Add-on code to 96136.) |
| 96138 | Psychological or neuropsychological test administration and scoring by technician, two or more tests, any method, first 30mins |
| +96139 | Psychological or neuropsychological test administration and scoring by technician, two or more tests, any method; each additional 30mins. (List separately in addition to code for primary procedure.) (Add-on code to 96138.) |

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| 96146 | Psychological or neuropsychological test administration with single automated, standardized instrument via electronic platform, with automated result only |
|-----------|--|
| 90870 | Electroconvulsive Therapy (ECT) |
| CPT Codes | Behavioral Health Outpatient Services that require Prior Authorization (PA) |
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| 90867 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; initial, including cortical mapping, motor threshold determination, delivery, and management |
| 90868 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent delivery and management, per session |
| 90869 | Therapeutic repetitive transcranial magnetic stimulation (TMS) treatment; subsequent motor threshold re-determination with delivery and management |
| G2082 | Esketamine for Treatment- Resistant Depression – 56 mg or less |
| G2083 | Esketamine for Treatment- Resistant Depression – 56 mg or more |
| 64568- | Vagus Nerve Stimulation (VNS) for Treatment-Resistant |
| 64570 | Depression |

RELATED SERVICE POLICIES:

Inpatient and Intermediate/Diversionary Behavioral Health Services Opioid Replacement Therapy and Medication Assisted Treatment Telemedicine-Telehealth Policy

AUDIT and DISCLAIMER:

As every claim is unique, the use of this policy is neither a guarantee of payment nor a final prediction of how specific claim(s) will be adjudicated. Please refer to CPT/HCPCS for a complete and updated list of codes. Claims payment is subject to member eligibility and benefits on the date of service, coordination of benefits, referral/authorization, and utilization management guidelines when applicable and adherence to plan policies, procedures, and claims editing logic. CCA has the right to conduct audits on any contracted provider and/or facility to ensure compliance with the guidelines stated in this payment policy. If such an audit determines that your office/facility did not comply with this payment policy, CCA has the right to expect your office/facility to refund all payments related to non-compliance.

REFERENCES:

American Medical Association, Current Procedural Terminology (CPT®) Centers for Medicare and Medicaid Services, CMS Manual System Payment Policies: <u>Massachusetts</u> / <u>Rhode Island</u> Provider Manuals: <u>Massachusetts</u> / <u>Rhode Island</u> Prior Authorization Forms: <u>Massachusetts</u> / <u>Rhode Island</u>



POLICY TIMELINE DETAILS:

- 1. Effective: October 2021
- 2. Revision: January 2022
- 3. Revision: June 2022, updated formatting
- 4. Revision: September 2022, added section for codes that do not require prior authorization
- 5. Revision: January 2023, add Medicare Premier (PPO) MA* product
- 6. Revisions: May 2023, prior authorization requirement for Psychological and Neuropsychological testing has been removed